



BRAZOS COUNTY HEALTH DEPARTMENT

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News Release

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For Immediate Release

National Public Health Week Poster Contest

In honor of National Public Health Week, April 3-9, 2006, the Brazos County Health Department (BCHD) sponsored a poster contest for children at the Boys & Girls Club.

The theme for the 2006 poster contest “Designing Healthy Communities, Raising Healthy Kids”, emphasized the importance of teaching today’s youth about the important role proper diet and exercise play in leading a healthy life. Children who understand the link between eating right and exercising help reduce the nation’s obesity rates and are more likely to be healthier adults.

Dr. Charles Williams, BCHD Health Authority will announce the winners on Wednesday, March 29, 2006 at 4:30 p.m. at the Boys & Girls Club. The top winners will receive a goody bag filled with lots of prizes and will be recognized at the Brazos County Commissioners Court meeting Tuesday, April 18 at 6:00 p.m. at the Brazos Center. The winning posters will also be framed and will hang in the lobby of the health department throughout the year. Everyone that participated will receive a certificate.

Other activities for Public Health Week include free immunizations the week of April 3-7 and a free health seminar, “Quick and Healthy Dinner Ideas”, Friday, April 7 at 12:00 p.m. at the health department.

(News Media: *for more information contact Marcy Hosking, (979) 361-4440.*)