



BRAZOS COUNTY HEALTH DEPARTMENT

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Public Health
Prevent. Promote. Protect.

News Release

May 12, 2009

For Immediate Release

H1N1 Update

Due to the continued high level of surveillance for the H1N1 virus and to the spread of the virus globally, the Brazos County Health Department anticipated confirmed cases of H1N1 in Brazos County. As of May 12, 2009, there is one confirmed case in Brazos County.

The health department will continue to follow any H1N1 virus recommendations made by the Texas Department of State Health Services (DSHS) and the Centers for Disease Control and Prevention (CDC).

The health department continues to reinforce response measures to avoid the spread of the flu.

- Stay home when you are sick and avoid close contact with others to prevent spreading illness to others.
- Cough or sneeze into the bend of your elbow or a tissue and properly dispose of used tissues.
- Wash hands frequently and thoroughly with soap and warm water or use an alcohol-based hand sanitizer.

For more information, visit www.brazoshealth.org or www.texasflu.org.

(News media: for more information contact Sara Mendez, PIO, at (979) 361-4440.)